

Cheryl James

Vice President, Associate General Counsel



Education: BA, NYU College of Arts & Sciences; JD, Columbia Law School

Company Name: New York Life **Industry:** Financial Services

Company CEO: Craig DeSanto is CEO, President and Chair of the Board

Company Headquarters Location: New York, NY

Number of Employees: 11,700

Words you live by: "At the end of the day, it's not about what you have or even what you've accomplished…it's about who you've lifted up, who you've made better. It's about what you've given back." – Denzel Washington

Who is your personal hero? My mother

What book are you reading? Atomic Habits by James Clear

What was your first job? Biology teacher at a summer science program

Favorite charity: The Door

Interests/Hobbies: Traveling, attending tennis tournaments, fitness

Family: Parents, sister, brother, and two nephews



Expressing gratitude for my life by paying it forward for others

Throughout my life, I have been fortunate to have a village behind me. I was anchored by supportive parents who modeled a path to achieving great heights in the legal profession through public service, investing in their immediate communities through direct outreach and engagement, while still making time to develop and nurture me and my siblings. My good fortune continued through my career with countless mentors and sponsors who identified goals I hadn't even envisioned, providing encouragement, opportunities, and often corporate support to pursue those goals. While my own hard work certainly contributed to my achievements, I credit this village with my success, and seek to pay it forward by supporting others.

In contemplating how to make my own impact, I realize my approach must be multi-dimensional.

Within my organization and

the legal industry more broadly, I prioritize mentoring women and people of color who see me as a role model and an example of what they can achieve. I recognize that many promising young professionals are not as lucky as I am, and joining their village may leave an indelible mark on their lives. It is imperative that I personally take the time to identify these rising stars, coach them, invest in their development, and provide advice that they may not otherwise receive.

In my role as a team leader, I strive to inspire and lead by example. I aim to model kindness, compassion, and empathy, setting an example for my teams to do the same. By being transparent and providing constructive feedback, I hope to help them improve and excel. I recognize that for lawyers, working hard is table stakes, and often focus my efforts into helping others master the human element of our work that

leads to better collaboration with our clients and stakeholders.

Finally, I invest in my community through pro bono work and service. At New York Life, I have been able to make an impact through individual immigration matters and assisting non-profits with governance documents, among other projects. I also serve as an advisory board member for The Door, a nonprofit whose mission is to empower young people to reach their potential by providing comprehensive development services. By partnering with great organizations like the Door, I hope to amplify my individual contributions to reach the broader community.

As my career progresses, an important benchmark of my success will be my continual ability to create impact in each of these areas. Through this work, I hope to demonstrate my deep gratitude to my own village, by helping shape the next generation of leaders.

