# Health Care Support.

# Guiding employees to better health care decisions.

Health care choices can be confusing and overwhelming for some people. That's why New York Life Group Benefit Solutions offers a comprehensive Health Care Support program¹ to help eligible employees navigate health benefits, answer clinical questions, resolve claims and billing issues, and make educated decisions for themselves and their family members.¹



### Our suite of value-add resources includes:

#### Administrative Medical Benefits Support

#### Experienced administrative and insurance specialists help employees:

- ) Understand explanation of benefits what's covered and what's not
- > Estimate costs for covered and non-covered treatment options
- Provide step-by-step guidance on claims and billing issues
- Explain fee and payment plan negotiation and the appeals process
- ) Make referrals to financial resources for the under- and uninsured
- > Provide guidance for medical, dental, or vision bills and questions
- > Find in-network providers, pre-approvals, and other ways to maximize their health care benefits
- Coordinate with appropriate health care plan provider(s)

#### Clinical Health Care Support

#### Registered nurses provide assistance regarding:

- › One-on-one review of health concerns (Note: A review shall not be considered a diagnosis.)
- > Preparation for upcoming doctor visits, lab work, and procedures
- › Answers about a specific diagnosis and treatment options
- > Physician specialties education about the appropriate providers for specific health issues
- › Referrals to community resources and applicable support groups



## Learn more about our value-add offerings.

For more information on this program, contact your New York Life Group Benefit Solutions representative.



